



NORTH STAR FC YOUTH LEAGUE RULES

U6-12

Age Divisions/Groups

Boys & Girls U6 - U12. We reserve the right to drop or combine divisions or age groups as needed.

Fall 2025 - Summer 2026

Birth Year

Age Group

2020 6U

2019 7U

2018 8U

2017 9U

2016 10U

2015 11U

2014 12U

Competition Format & Rules

Official futsal FIFA Rules and Regulations as stated under the Laws of The Game will be enforced.

Exceptions are noted below under House Rules.

House Rules to the Laws of the Game

1. Kick-ins (instead of throw-ins) to restart the game when the ball leaves the field on the sideline or touches any net..
2. Goal clearance (instead of goal kick) from goalkeeper hands



3. Goalkeeper can not throw the ball directly into the opponent's penalty arc
4. All kick-ins are indirect kicks
5. No scoring directly from kick-offs.
6. No switching of benches between halves
7. Subbing on the fly- players have to be within 10ft of the bench area before a new player can enter.
8. Game length is two 20 minute halves
9. No sliding or slide tackling
10. No drop kicks or punts by the goalie, the ball must settle (no air under the ball) before the goalie passes or shoots the ball.
11. No Heading the ball U5-U11.

Game Balls

Size ball used by each age group:

U12 and under - size 4

U13 and older – size 5

Equipment

The wearing of shin pads will be mandatory for all players. Cleats are encouraged but optional.

Forfeited Games

If a team fails to show for a scheduled match, the referee shall allow a 5 minute grace period.

After

the 5 minutes, if the team has not yet arrived or does not have enough players to field a team (3),

the game will be forfeited. The game will be tallied as a 3 to 0 loss for the forfeiting team and a 3 to 0



win for their opponent.

If the referee terminates a match for reasons other than an act of God or field conditions, the NSFC League Administrators will decide the result of the match after hearing the official reason from the referee, and both coaches.

Teams forfeiting a match will not receive a refund on their registration fee.

Forfeited games are recorded as a 3 - 0 loss.

NSFC League Point System and Tiebreakers

The determination within the group standings is as follows:

3 points for a win

1 point for a tie

0 points for a loss

Forfeited games are recorded as a 3 - 0 loss

Tiebreakers

1. Total Points

2. Head-To-Head

3. Goal Difference (max 7 per game)

4. Goals against

5. Penalty Shoot Out

Ejections - Red Cards

If a player is ejected from a match, the player's pass together with a referee's report of the incident

shall be turned over to the league administrator by the referee.

The minimum penalty for an ejection is that the player shall not be permitted to play in the immediate



next match.

The maximum penalty, after review by the league administrators, may result in the individual players

or teams' expulsion from the competition.

Coach Ejections

If a coach is ejected from any match, a referee's report of the incident shall be turned over to the

league administrator by the referee.

The minimum penalty for an ejection is that the coach shall not be permitted to coach or remain on

the player's bench in the immediate next match.

The maximum penalty, after review by the league administrators, may result in the individual coach

or team's expulsion from the League.

Games Canceled by Opponents

If an opponent cancels a game or does not show for the game, the other team may use the scheduled game time for their use. There are no refunds for games canceled by opponents. If a team must cancel, call the league administrators as soon as possible so we can notify the referees

and give the other team a chance to plan accordingly. Canceling a game not only short-changes your team, but your scheduled opponent.

Games canceled by Facilities

We reserve the right to postpone or cancel games at any time for any reason. The Minnesota Rush

League plays games in all weather and only cancels games if the facility cancels. Cancellations are



very rare events, so teams should plan on playing. If there are games canceled, reschedules are not guaranteed and refunds for canceled games will not be provided.

Referees

Additional Questions

If you have any additional questions or concerns, please feel free to contact us at

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