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Phone: 507-280-7584

MISSION STATEMENT

At North Star FC, we believe soccer is more than just a game — it's a lifelong journey that brings people together, builds character, and strengthens community. Whether you're a 3-year-old stepping onto the field for the first time, a teenager chasing high-level goals, or an adult looking to stay active and connected, we have a place for you.

What sets us apart?

- Player-Centered Philosophy: Our programs are designed to meet players where they are and help them grow — on and off the field.
- Professional Coaching & Leadership: Our experienced staff is dedicated to developing confident, skilled, and respectful players in a positive and inclusive environment.
- Comprehensive, Year-Round Programming: We offer recreational leagues, competitive teams, developmental academies, futsal, winter training, summer camps, and more — across multiple cities.
- Lifelong Opportunities: Our adult coed leagues, running year-round, provide a fun, competitive, and social outlet for players of all skill levels.
- Community-Rooted: Proudly serving Rochester, Austin, Winona, Albert Lea, and surrounding communities, we bring families, neighbors, and teammates together through the game.
- Pathways to the Next Level: For ambitious youth players, we provide elite competition, college exposure, and connections to professional development through strategic partnerships.
- Affordable & Accessible: We prioritize keeping costs low and offer financial aid to ensure every player has access to the game they love.

PROGRAM OVERVIEW

Developmental Program for U-9 through U-12 Boys and Girls includes:

- Provide technical training in fundamentals (dribbling, shooting, passing, receiving, goalkeeping).
- Introduce the principles of team play.



- Teach soccer rules and sportsmanship.
- Conduct functional training.
- Facilitate travel to other communities for league play and tournaments.

Competitive Program for Committed U-13 through U-19 Players includes:

- Work with individuals on techniques and tactics.
- Provide training in the specifics and strategies of each position as a team player.
- Teach soccer rules and sportsmanship.
- Facilitate travel to other communities for league play and tournaments.
- Field competitive teams.

This program is affiliated and governed by US CLUB, USSSA, USYS and MYSA, which are affiliated with the U.S. Soccer Federation (USSF) and the Federation International de Football (FIFA).

ROSTER SIZE AND SUBSTITUTE PLAYERS

North Star limits rosters to the following maximums unless the head coach agrees to adding additional players:

- U9/U10: 14 players
- U11/U12: 16 players
- U13-U19: 20 players

For a single league game, a coach may request a “guest player” (maximum of 6) from a lower or higher division or lower age team, provided the total number of team players does not exceed roster limits. The coach requesting a guest player must email the head coach, Technical Director, and Age Group Director of Coaching. Approval must be given by all parties. North Star FC encourages coaches to help out when another team is shorthanded.

A substitute (guest player) should never be in the starting lineup unless he/she is the only goalkeeper or is needed to field a full team. The substitute may use the jersey of the missing player. Substitute players should not receive more playing time than regular team members.



COACH LICENSE EXPECTATIONS AND REIMBURSEMENT

Head coaches for U9 – U19 teams are expected to have at least a USSF D license or two of the relevant US Soccer Grassroots modules prior to the start of league play. Coaches are encouraged to obtain a USSF D license if they have coached in the North Star FC Competitive Soccer program for two or more years.

The Directors of Coaching and Technical Director will establish an education program for coaches. This program will consist of inter-coach and intra-coach education and will be done in conjunction with North Star FC clinics when possible.

If a coach wishes to attend training or camps to improve his/her skills, they should contact the Technical Director to discuss possible registration reimbursement prior to the event. The request may or may not be supported by the Technical Director based on the availability of funds. A coach may receive only one registration reimbursement per fiscal year.

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RESPONSIBILITIES

It is the responsibility of all competitive players to:

- Attend all team events unless excused by the coach prior to the event.
- Inform their parents of information distributed by the coach or team manager.
- Show respect to all players, coaches, referees, fans, and league officials.
- Play soccer within the USYS rules.
- Place the good of the team ahead of personal wants or needs.
- Conduct themselves as gentlemen/women in public, for example, restaurants, at all times.
- Bring complete and clean uniforms, including alternate jerseys, to all games.
- Bring a ball, shin guards, appropriate cleats, and drinking water to all practices and games.
- Dress appropriately for weather (i.e., jacket and wind suit pants if the weather is cold).
- Communicate foreseeable absences to the coach at least 48 hours before the conflict.
- Live the North Star Core Values.

Placement of players for the next season may be affected by how each player lives up to the responsibilities outlined above.

It is the responsibility of the parents to:

- Provide or arrange necessary transportation for players to all team events.
- Assist with fundraising or other events of the team or North Star FC when asked.
- Pay player fees and competitive expenses in a timely manner.
- Assist players in meeting the expectations of the team and coaching staff (i.e., on-time arrival).
- Plan absences to avoid conflict with scheduled team events and inform coaches in advance.



- Provide positive encouragement to all players.
- Let the coach do the coaching and let the players play their game.
- Inform coaches of any special needs the player might have (allergies, injuries, medicines, etc.).
- Assist coaches when asked.
- Provide appropriate feedback to coaches or North Star FC when requested.
- Show respect to all opponents, players, referees, coaches, and fans.
- Attend team parent meetings.
- Support the team in areas of assigned responsibility, such as game refreshments, transportation, fields, North Star FC Tournament, publicity, picnics, calling, and out-of-town tournament duties.

It is the responsibility of the coach/coaches to:

- Not recruit for other soccer clubs during the current soccer season.
- Be prepared for all practice sessions and games.
- Provide a good example to players and parents.
- Improve their knowledge of the game and coaching skills.
- Develop players' skills and knowledge of the game.
- Keep players and parents well informed of all practices, games, tournaments, and other events.
- Give all players equal opportunity to play and develop their skills.
- Involve parents in the operation of the team.
- Adhere to Rush Core Values.
- Provide practice sessions that start and end on time.
- Discipline players fairly and impartially.
- Show respect to all opponents, players, referees, coaches, fans, and officials at all times.
- Abide by North Star FC, MYSA, and USYSA rules.
- Keep fans under control at games.
- Inform players, parents, and the North Star FC office of a player's suspension, reasons for the suspension, and the appeal procedure.
- Inform the field scheduler and opposing coach of game cancellations or schedule changes. Failure to do so will result in a forfeit.
- Return equipment to the Equipment Coordinator at the end of the season.
- Complete player evaluations and meet with players and parents to discuss evaluations.
- Provide final season player rankings in a timely manner.
- Recruit one or more assistant coaches.
- Schedule at least one parent meeting.
- Maintain good communication with North Star FC and MYSA.
- Provide rankings and feedback on current players to the Director of Coaches.
- Proper Attire and Supervision:

1. Wear Proper North Star FC Gear:



Coaches are required to wear official North Star FC gear during practices and games. This not only promotes team unity but also sets a professional standard for players and parents.

2. Arrival and Departure:

Coaches must be the first to arrive and the last to leave at practices and games. This ensures that players are properly supervised at all times and that all logistical needs are managed.

3. Player Supervision:

Coaches must ensure that no players are left on the field without supervision. It is essential to maintain a safe environment for all participants.

4. Handling Late Pick-Ups:

If a parent is late for pick-up:

- Ensure that players are in a safe and visible spot, avoiding isolation.
- Do not engage with players individually; stay in your car.
- Contact the parents to inform them of the situation. Use the contact information found on PlayMetrics to reach them.
- Remain with the players until a parent or designated guardian arrives.

By adhering to these guidelines, coaches will help create a safe and organized environment conducive to player development and enjoyment of the game.

PLAYING TIME

USYS and North Star FC designation of age groups:

- U9-U10: Developmental non-competitive
- U11-U12: Developmental, competitive
- U13-U19: Competitive

Playing Time:

U9–U19: 50% of the season.

SUBSTITUTION INTERVAL

The minimum substitution interval is one-third of a half, equating to 15 minutes for U17 games.

It is understood that in some games, due to circumstances beyond the coach's control (e.g., no stoppage of play), it may not be possible to comply with the above recommendations. However,



it is expected that these recommendations will be complied with on average over the course of the season. Coaches have the ability to adjust playing time for disciplinary reasons; the coach must inform the Technical Director and the Boys/Girls Director of Coaching responsible for their age group.

“Players should be given the opportunity to play soccer for extended, uninterrupted periods of time. This allows them to get a better feel for the flow of a soccer game. For example, it is more beneficial for a player to play for 12 straight minutes than for him or her to play in two 6-minute periods. Substitution should be used to address injury, fatigue, and lack of effort; it should not be used to punish a player for a soccer-related decision.” – Best Practices for Coaching Soccer in the United States, USSF.

POSITIONAL PLAY

- U9-U10: Coach and encourage players to play all positions.
- U11-U12: Teach players multiple positions and play two or more positions.
- U13-U17: Teach players multiple positions; switch positions when possible.

Players need to learn as many positions as possible. Being a well-rounded player will give them more knowledge of the game and more respect for the positions their teammates play. Players who are pigeonholed into one position at their age group may miss opportunities in High School, ODP, or Rush Select soccer because they can't adapt to a different position they are needed to fill.

FORFEITURES

Teams are responsible for any MYSA fees incurred due to game forfeitures.

TOURNAMENTS

The North Star FC Technical Director recommends a maximum of three tournaments during the summer season within league play and four tournaments for tournament-only participation. Competitive teams may only play in tournaments sanctioned by the USSF. Prior to the start of the summer season games, the coach must inform the players and parents regarding the number of tournaments in which the team plans to participate. All tournament registration fees



are the responsibility of the team. Tournaments will be paid by NSFC as those fees are included with players fee.

All non-Premier North Star FC teams are required to register (no registration fee for North Star FC Competitive teams) for and play in the North Star FC Invitational Tournament. The exemption request – submitted to the Tournament Director – must indicate which tournament they would prefer to attend. The request will be reviewed and decided by the Technical Director.

If attending a tournament outside of MYSA's jurisdiction, the team must obtain approval for travel as required by MYSA or USSF regulations. This involves obtaining a travel permit from the MYSA office, filling it out, and returning it to MYSA with any appropriate fees. The travel permit fee is much lower if the form is submitted well in advance of the team's travel dates. The purpose of the travel permit is to cover the team for insurance purposes.

TEAM EQUIPMENT

Each team will be provided with a ball bag containing practice balls. All players are required to provide their own ball for practices. Each team will also be provided cones, pennies, and four corner flags.

Each head coach will be responsible for the equipment provided and for turning it in at the end of the season. Prompt equipment return is necessary for efficiency in inventory and replacement.

FIELDS

Field maintenance will be done in conjunction with Rochester Park and Recreation. North Star FC will assign fields for practices and games after consultation with North Star FC Recreation Soccer, Rochester Park and Recreation, and the Adult Leagues. Every effort will be made to assign practice fields so that teams of the same age and gender are together to facilitate scrimmages. Coaches wishing for other arrangements or extra practice time must contact the North Star FC office.

Please help us keep our fields in the best shape possible. DO NOT warm up in the goal mouths of game fields and stay out of the goal mouths of practice fields as much as possible.



BEHAVIOR

The Three Strike Policy:

The Three Strike Policy applies to all North Star FC sessions and activities.

Definition of a strike: Any behavior that is non-violent and deemed disruptive, at the sole discretion of the head coach, which includes, but is not limited to, name-calling, interrupting the coach, or otherwise disrupting the flow of the session.

Violent behavior, including but not limited to hitting, spitting, or using foul and abusive language, will not be tolerated and shall constitute all three strikes upon the occurrence of such behavior.

The coaches shall implement the following procedures upon the occurrence of behavior meeting the aforementioned definitions:

- First strike: Player sits out for two minutes.
- Second strike: Player sits out for five minutes.
- Third strike: Player sits out for the rest of the session and is suspended for one additional session.

If a player receives three strikes in one session or six strikes collectively within any three-week period during the season, the parent and the player must make an appointment with the North Star FC Age Group Director of Coaching and the Technical Director (or designee) within 48 hours. Until this meeting has occurred, the player shall not be allowed to participate in either practices or games with the team.

At this meeting, the consequences for the behavior will be discussed by all concerned. The North Star FC Age Group Director of Coaching, Technical Director, and Executive Director will have discretion in setting the consequences, which may include probation or suspension from practices or games and can even include asking the player to leave the club if warranted. No refunds of fees paid will be given under these circumstances. Dismissal from the club may be appealed to the Board of Directors.

DANGEROUS CONDITIONS

The following guidelines apply to MYSA league games. Tournaments set their own policies – see the individual tournament rules and policies.

FIFA and MYSA rules allow the referee, and only the referee, to decide whether a match is played or continued/cancelled because of playing conditions. The safety of all is paramount,



independent of any cost, inconvenience, or advantage due to the replay (or lack thereof) of the match. State and local referee associations instruct referees regarding suspension of play due to dangerous weather (lightning, storm sirens, etc.) and other playing conditions. The referee's decision stands.

In the event that the referee suspends play, North Star FC recommends getting everyone to safety and waiting a brief amount of time (up to 30 minutes) to see if, in the REFEREE'S opinion, conditions improve enough to allow continued play. If play cannot be resumed, the match is ended.

MYSA policy on league games is: A league game is considered complete if play is ended MORE THAN halfway through the second half of the match – according to the REFEREE'S watch. The score at that time is considered the ending game score. If play is ended prior to this point in the game, the match is considered "not played" and must be replayed from its start at a subsequent time/day/place as agreed upon by the teams' coaches within 48 hours.

If, in the opinion of the coach(es), dangerous conditions (weather or field condition) exist at the game site prior to the start of the match, coaches of the two teams are encouraged to come to an agreement whether to play the match or reschedule. The coaches must confer with the referee on this decision. A coach can choose to forfeit or play under protest (inform the referee) if he/she feels that conditions are unsafe. If safety is truly the concern, forfeiting should not be an issue. A legitimate refusal to play is rarely classified as a forfeit.

Practices are generally held as scheduled during rainy conditions (this can be valuable since a team is likely to play a game or two in the rain during the season). However, practice will be canceled or cut short if dangerous conditions occur (lightning, thunder, dangerous winds, extreme temperature drops, etc.). Please ensure parents are monitoring the weather and return to the practice field immediately if dangerous conditions occur. We will follow MYSA weather guidelines, which can be found here - [MYSA Weather Policy](<https://www.mnyouthsoccer.org/weather-policy>).

INSURED PRACTICE AREAS

North Star FC liability insurance covers practices at all area soccer fields, schools, public parks, and various other locations. Teams are not to practice on property not covered. For information on this, contact the North Star FC office.



ANCHORING OF SOCCER GOALS

Unanchored soccer goals are very dangerous to anyone on the field at any time. Each team should appoint an assistant coach or parent who is responsible for checking both goals on any field of play before each game or practice. Make this an automatic start to any game or practice. Do not play or practice on any field where the goals are not anchored. Report any unanchored goals to the referee in a game situation (home or away) and report any unanchored practice field goals to Rochester Park & Recreation at 281-6160 or 281-6164 immediately.

NORTH STAR FC RISK MANAGEMENT

This policy provides requirements and guidelines for player and coach protection. All parents and coaches must ensure that the requirements are followed. In addition, they are strongly encouraged to follow the recommendations listed here.

Definitions:

- An adult is defined as a person in the role of coach, assistant coach, team manager, or volunteer who works with players. This may include an 18-year-old assistant coach on a U16 team.
- A player is defined as a person who plays on a soccer team.

Requirements:

- All people actively involved in working with the players must be registered with North Star FC. This includes coaches, team managers, older sibling assistants, etc.
- All registered adults must sign an MYSA Informed Consent/Disclosure Form.
- There must be at least two registered adults at all team activities.
- For the coach's protection, a second adult must be present at all team activities.
- When dropping off their child, parents must remain until a second adult arrives.
- When picking up their child, parents must remain until the next child's parent arrives. If a child is forgotten, the second-to-last parent makes transport arrangements.
- Teams are not to place the player's name on the uniform.
- Any incidents of "suspicious strangers" loitering at a team's practice must be reported to the North Star FC office. This is to coordinate reports of such activity at particular venues.
- Sexual contact of any kind or type is prohibited between adults and players, whether or not contact is consensual.
- Any "accidents" must be documented and reported to the North Star FC office. This includes any situation where a player is taken for medical attention, even if this is not done immediately. For competitive teams, the team manager or coach must document this for the opponent's team in the event a non-North Star FC player was injured. This reporting is needed to ensure the



required information is available for any possible insurance claims filed at a later date (this can sometimes occur years later).

- Any head injury resulting in disorientation of the player (no matter how briefly) requires the player to remain out of that game. There are no exceptions!

In addition to the above, we will be following the US Soccer Coaches guidelines. Please make sure that you are familiar with their practices for the “Safe Soccer Framework.” The framework can be found here - [USSF Safe Soccer Framework](https://usdeafsoccer.com/wp-content/uploads/2021/06/USSF-Safe-Soccer-Framework-reg.-ver..pdf).

HEADING

There has been much written about the dangers of heading balls by young soccer players. Here are the updated rules for each age group:

- U11 and younger: Heading is prohibited in games and practice.
- U12: Heading is permitted in practice, limited to 30 minutes per week.
- U13-U14: Heading is permitted in practice, limited to 30 minutes per week.
- U15-U19: Heading permitted, no limitations.

UNIFORMS AND JEWELRY

The USSF rules on uniforms and equipment will be enforced. The current version of the law book states that no jewelry may be worn. Even if earrings are taped, they constitute jewelry and are still not safe. It does not matter if the player’s ears were just pierced or if the last referee allowed them.

Metal eyeglass frames are allowed if they are safe in the opinion of the referee. All eyeglasses must be held on by a strap or tape.

NORTH STAR FC INFORMATION AND PUBLICITY

The Post Bulletin publishes a “Youth Sports Report.” When submitting a photo, provide names in alphabetical order and not in the order pictured. This provides a measure of personal security.



NSC CORE VALUES

We are to live the core values day in and day out. We should strive to apply these core values in every one of our training sessions and games. There are 6 core values, and none should be valued above the others. Take pride and reward your players when they demonstrate one of the core values.

- Humility
- Empathy
- Passion
- Respect
- Inclusivity
- Accountability

THE NSFC WAY TO PLAY

The NSFC Way to Play is based on movement and activity by both player and ball. Possession-oriented does not fully describe how we play; attack-oriented does. Whether in possession or in defense, we are attacking. NSFC players play with freedom yet understand the importance of responsibility and the balance between the two. NSFC teams are flexible and adapt to varying circumstances. The NSFC Way to Play represents both passion and purpose.

THE NSFC PLAYER

- Technically Proficient
- Athletic, Fit with Strong Work Ethic
- Mentally Tough and Positive
- Insightful, Thoughtful, Purposeful – A Student of the Game
- Attacking and Aggressive
- Willing to Defend
- Ready to Battle
- Understanding of Transition
- Active without Ball
- Able to Break Opponent Down by Dribble



- Belief and Confidence in Ability to Play and Win
- Understanding of Not Only Positions but Positioning
- Always Asking: "How can I help? Am I helping?"
- Practice NSFC Core Values
- Belief in Self, Team, and Club (Club is Family)

THE TEAM

- Multiple Moving Parts - Mobile
- Freedom without Fear
- Understanding that with Freedom Comes Responsibility
- Understanding that Positioning is More Critical than Position
- Psychologically Prepared
- Able to Defend with Man-Marking or Zonal (Can Do So with Confidence for Long Periods)
- Able to Play Multiple Systems
- Able to Play Multiple Styles (with Ball and Player Movement As the Norm)
- Attacking Mentality (with or without Ball)
- Understanding of Game Management
- Technically Proficient
- Flexible, Adaptable, Not Stubborn
- Practice Rush Core Values
- Professional
- Belief in Team and Club

NORTH STAR FC - AGE GROUP BREAKDOWN

U8-U10 Teams & Players:

- Freedom without Fear!
- Goal Scorers – One and All
- Defense Equals Working Hard to Get Ball Back
- Not a Team Sport but Played with a Team Attitude
- Enjoyment and Passion are Always Evident

U11-U13 Teams & Players:

- Freedom without Fear!
- Goal Scorers – One and All
- Defenders – One and All
- Understand Importance of Competition
- Attacking Style – Individually and Small Groups
- Active/Mobile/Immersed in Game (Engaged)
- Enjoyment and Passion are Always Evident



U14-U15 Teams & Players:

- Freedom without Fear!
- With Freedom Comes Responsibility
- Understanding of Team Concept/Importance
- Active with Thought and Purpose
- Aggressive/Attacking (Attack or Defense)
- Enjoyment and Passion are Always Evident

U16-U19 Teams and Players:

- With Freedom Comes Responsibility
- Organized
- Multi-dimensional in Styles, Systems, Tactics
- Active with Thought, Purpose, and Timing
- Professional
- Role Models
- Enjoyment and Passion are Always Evident

AGE GROUP CURRICULUM

The age group curriculum is designed to develop players as they enter our program as U9 players. We should follow the age group curriculum for our age group; however, if the players have not met the expectations or have exceeded them, please feel free to move down or up an age group. Age-specific player evaluations have also been developed that work jointly with the curriculum. The curriculum can be found here - [Age Group Curriculum](<https://www.northstarfc.com/resources/coaching-resources/competitive-coaching/>).

PLAYER EVALUATIONS

You should complete player evaluations twice per spring/summer season with every player. We would like you to set aside a training session to discuss the player's evaluation with him/her. Parents should be encouraged to attend, and a copy needs to be provided to the player. We recommend that evaluations be completed mid-season and at the end of the season. Player evaluations can be found here - [Player Evaluations](<https://www.northstarfc.com/resources/coaching-resources/competitive-coaching/>).



END OF SEASON EVALUATIONS

We rely on your rankings of players to place them correctly for the next spring/summer season. An evaluation form will be emailed to you towards the end of the season for you to complete. We keep the rankings confidential.

PRACTICE

The required coaching courses provide a foundational setup for practice. The age group curriculum outlines how a practice should flow. It should be on topic, age-appropriate, and go from simple to complex and from small numbers to larger numbers. Every session should start with our Exos warm-up ([Exos Warm-Up](<https://www.minnesotarush.com/Default.aspx?tabid=1262432>) - scroll down).

A senior member of staff will evaluate at least one of your sessions to assist with your continuing education. We have purchased a session planner platform that allows you to build your own session or clone one of the thousands of sessions already built. We will be adding all coaches to the platform prior to the start of the season. A tutorial can be found here - [Session Planner Tutorial](<https://www.youtube.com/watch?v=eKd8QKukHZw&feature=youtu.be>).

GAMES

The formation you choose should be based on the strengths of your players and not necessarily on what system you are most comfortable teaching. We are here if you need assistance with different systems. Your game warm-up is a time to get players ready for the game. We should not see long lines waiting to kick the ball into the net but rather specific activities that they would see in a game. An example would be a rondo to start and then a possession game to lines, targets, or end zones.

Your halftime talk should be brief with three points:

- What have we done well?
- Team attacking points.
- Team defensive points.

After the game, it is not a time to lecture the team on what could have or should have happened. This is a time to complete a cool down, high-five, and give instructions for when the team will next meet. It is not a time to talk about the game.



LOGISTICS

Team Manager:

Having a team manager will help you immensely with the logistical side of running a team. We would like for the team manager to take care of the 'business' side of things while the coach focuses on coaching. The team manager and coach should work closely together to reschedule games. Team managers will receive an email from Kevin Lowery, our Executive Director, regarding a training opportunity. If your team manager has questions, they should reach out to our office at 507-280-7584.

Scheduling / Rescheduling Games:

To view your schedule in Affinity, go to My Account, select the Teams tab, and then the Tournament & Schedule tab. Click on the Schedule/Game Scoring link. A brief description of the rescheduling procedure is included below. Please read through these directions carefully. DO NOT enter any rescheduling information on the SMSL website without the approval of the field assignor (Annie Block). If your team is part of a different league, please reach out to your age group coordinator.

1. The home team is responsible for coordinating the reschedule.
2. DO NOT enter any rescheduling information on the MYSA website until step 6 (field assignor confirmation) of this process.
3. Work with the away team to find a new date and time for the game.
4. Contact the North Star FC field assignor, Annie Block (ablock@northstarfc.com), to request a new game date, field, and time. Please provide the following details: your team code (for example, 2010B Blue), game number, original date/time, and new date/time.
5. The field assignor will reply to your email within 24 hours indicating your request is being worked on. If you don't get a reply within 24 hours, please send another email.
6. The field assignor will email you a confirmation with the new date, time, and field. Please double-check the information in the email to ensure the correct game is being rescheduled to the correct date.
7. The away team must accept the reschedule for it to be complete. If the away team doesn't accept the reschedule in a reasonable amount of time, please contact them directly.
8. Step 6 completes the process. If you need another change to the same game number, please start over at step 1.



TEAM MEETING

You are responsible for setting the agenda for your team meeting. Before each season, you should hold a team meeting with the parents of your team to discuss several items. Below is an example of an agenda:

Parent Meeting - Sample Agenda:

1. Welcome Parents
2. Introduce yourself, assistant coach, and team manager (if you have one)
3. Have everyone go around the room and introduce themselves
4. Discuss Coaching Philosophy
5. Club's Philosophy - 50% playing time
6. Practices - Location and time
7. Parent pickup and drop-off
8. Club Policy - 2 Adults with the team at all times
9. Game Schedule - Will come out...
10. Tournaments - Staying overnight - hotels?
11. Team Registration - Make sure everyone has one.
12. Playmetrics - Stay on top of your availability.
13. Team Manager(s) - If you do not have a team manager, start to ask for one; several people can take on responsibilities. Kevin and Annie in the office can help if someone is interested.
14. Q&A

