



NORTH STAR FC

U10 EVALUATION

PLAYER:
TEAM:
COACH:

BY THE END OF THE SEASON PLAYERS SHOULD BE...

Be able to complete dribbling moves at game speed, be able to recognize moments of the game (When our team has the ball, opponent has the ball, nobody has the ball), have a basic understanding of individual defending (get between the ball and goal)

TECHNICAL & TACTICAL

	EXCEEDS EXPECTATIONS	COMPETENT*	NEEDS IMPROVEMENT
CAN THE PLAYER RECEIVE THE BALL WITH BOTH FEET?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CAN THE PLAYER PASS THE BALL WITH BOTH FEET?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CAN THE PLAYER USE DRIBBLING SKILLS: INSIDE-OUTSIDE/ROLL/SWIVEL/HIP?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CAN THE PLAYER USE TURNING SKILLS: CRUYFF/STEP OVER/Drag Push?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CAN THE PLAYER SHOOT WITH CORRECT FORM?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CAN THE PLAYER JUGGLE?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CAN THE PLAYER RUN WITH THE BALL AT SPEED?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CAN THE PLAYER PERFORM DRIBBLING SKILLS: SCISSORS/MARADONNA?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CAN THE PLAYER PERFORM BASIC INDIVIDUAL DEFENDING SKILLS (BODY SHAPE, 1v1s)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DOES THE PLAYER UNDERSTAND INDIVIDUAL DEFENDING TACTICS (PRESSURING)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DOES THE PLAYER UNDERSTAND THE ROLE OF THE SECOND ATTACKER (SUPPORT)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DOES THE PLAYER UNDERSTAND THE IMPORTANCE OF MAINTAINING POSSESSION?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DOES THE PLAYER UNDERSTAND TRANSITION MOMENTS IN THE GAME?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	EXCEEDS EXPECTATIONS	COMPETENT*	NEEDS IMPROVEMENT
ATTITUDE	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
COMMITMENT	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CONCENTRATION	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CONFIDENCE	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DESIRE	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

PLAYER GOALS

COACH COMMENTS: